



APPLICATION FOR 19&U SCHOOLS SQUAD SELECTIONS 2023

The following will be the programme for the 19&U Schools Squad 2023:

- 1) Selection Trials on Saturday, 27 May from 10am – 1pm @ OCBC Arena Hall 3
- 2) 1 Training a week from 29 May – 4 August (10 weeks)
- 3) 1 Training and 1 National League game a week from 29 May – 4 August.
National League games are on **Mondays**.
- 4) National Age Group Squad – Selection Trial: 15 July 2023
 - a. 1 training per week from 22 July – 5 August (3 Saturday trainings)
 - b. 2 trainings per week from 7 August – 18 August (2 weeks – weekday trainings)
 - c. KL Tour from 10th August – 12th August (TBC)
 - d. Vietnam Tour from 3 – 9 September

SELECTION TRIALS –

Please check in the box if you will be attending the selection: YES NO

* TRAINING SCHEDULE

- Court training every Wednesday, 7pm – 9pm at Singapore Sports School.

* PLAYER ELIGIBILITY

- 1) Players must be born in the years 2004 - 2006.
- 2) Players must be Singapore Citizens or Singapore PR

FULL NAME (as in NRIC or Passport):	
ADDRESS:	
EMAIL:	Last 4-digits of NRIC/Passport No (non-citizen):
MOBILE NO:	DATE OF BIRTH (DD/MM/YYYY): HEIGHT (cm):
PERSON & MOBILE NO. TO CONTACT IN AN EMERGENCY:	SCHOOL & LEVEL OF STUDY:
LIST YOUR MEDICAL CONDITIONS (IF ANY):	CLUB:
PLAYING POSITION (S)	(1) (2)
PLEASE LIST YOUR HIGHEST LEVEL OF REPRESENTATION / COMPETITION AND THE YEAR:	

Requirements for Trials and Training

- Players are encouraged to get their personal insurance prior to joining Netball Singapore's Age Group Programme as this will not be covered under the school's insurance.

Safety Measures for Selection Trials/ Training

- Players will not be allowed to attend selection/training if they are feeling unwell, or tested positive for COVID-19

As a nominated player, it is important that you understand and can commit to the training requirements for the 19&U Squad and the key events we are preparing for.

Actions will be taken if players were to miss training without valid reasons.

After reviewing these commitments carefully, please complete the following, noting any issues with availability (eg exams) during the period advised.

To the best of my knowledge, I am available for all training noted.

I have an availability issue with the following dates or fixtures (please give brief reasons).

Please wear a white top and dark shorts for the trials and bring your water bottle and mask.

Through the Safe Sports Commitment, Netball Singapore is committed to ensuring the safety and well-being of our athletes. Our policies and procedures seek to address risks to safe sport and to establish safe sport culture and practices. This refers to the inappropriate behaviour of Netball Singapore staff, the Age Group coaches, players and any other persons.

- If you are harassed or abused.
- If you saw someone who has been harassed or abused.
- If you saw any inappropriate behaviour and felt uncomfortable about it.

Please contact Poh Li Fang, Senior Technical Executive at:

- 63465063 (ext 123) or poh.lifang@netball.org.sg
- Alternatively, you can drop us a note at the letterbox at Netball Singapore's office, or
- Make a report at: <https://www.netball.org.sg/make-a-report/>

The informant's identity, and the investigation, will be kept **strictly confidential**.

Players are strongly advised to purchase personal/sports injury insurance prior to joining Netball Singapore's Age Group Programme as injuries will not be covered by school or Netball Singapore.

I confirm that Netball Singapore will not be responsible or liable for any injuries or mishaps that may occur during the trials or the age group trainings and matches.

Signature: _____

Date: _____

Parent/Guardian Signature: _____ Name: _____

(if below 18 years of age)