



14 &U Zone Age Group 2021 Commitment Form

Due to the COVID-19 restriction imposed on sports team trainings, the 14&U Age Group programme will be adjusted as follows:

Zone 14&U Squads

- Selection Trials – 6 March 2021, 2pm – 6pm @ PSOEB Evans Road
 - Training once a week from 8 March – 28 May 2021*
- *Trainings will be adjusted should National School Games resume.

Training Schedule	Zones	Day	Time	Venue
14 & Under 8 Mar – 28 May	North	Friday	6.30pm – 8.30pm	Kallang Netball Centre (KNC)
	South	Thursday	7.00pm – 9.00pm	KNC/ OCBC Arena
	East	Wednesday	6.30pm – 8.30pm	KNC
	West	Tuesday	7.00pm – 9.00pm	OCBC Arena (Tentative)

FULL NAME (as in NRIC or Passport):
Age Group, School & Zone:
Email:
HP Contact:
Existing Medical Conditions: (please list all)
Safety Measures for Selection Trials Players can only attend the selection according to the time slot assigned to them. They will each be given 14 minutes of game time (excluding 2 minutes break in between) to play in a 4 versus 4 format for this selection. Players will be required to keep their masks on till they enter the court. All selectors, umpires and staff will be stationed 2m distance away from the court line while the selection is ongoing. After the selection, players are required to mask on and leave the venue immediately. All balls will be disinfected before the next group enters.
Safety Measures for Training Teams will be split into two groups of 8. The first group will train for an hour and leave the venue before the second group enters. Coaches will maintain a 2m distance from the court while coaching. Players are not allowed to intermingle between groups after training and are required to leave the venue after training.
As a nominated player, it is important that you understand and can commit to the training requirements for the 2021 Zone Age Group Squads. Actions will be taken if players were to miss training without valid reasons. After reviewing these commitments dates carefully, please complete the following, noting any issues with availability (e.g. exams) during the period advised. If you are unable to commit to the trainings, please inform the selectors as you may deprive someone else of a place in the team. <input type="checkbox"/> To the best of my knowledge, I am available for all training and competition period noted. <input type="checkbox"/> I have an availability issue with the following dates or fixtures (please give brief reasons). _____

Through the Safe Sports Commitment, Netball Singapore is committed to ensure the safety and well-being of our athletes. Our policies and procedures seek to address risks to safe sport and to establish safe sport culture and practices. This refers to the inappropriate behaviour of Netball Singapore staff, the Age Group Coaches, players and any other persons.

- If you are harassed or abused
- If you saw someone who has been harassed or abused
- If you saw any inappropriate behaviour and felt uncomfortable about it.

Please contact us at:

Contact No: 96688493

Email: Cassandra.ang@netball.org.sg

Letter: Drop a note in our letter box at the Netball Singapore office.

The informant's identity, and the investigation, will be kept **strictly confidential**.

This form must be brought and submitted **at the trials**.

Player Signature: _____

Parent/Guardian Signature: _____ Date: _____