



14 &U Zone Age Group 2019 Commitment Form

The 14&U Inter-School Competition will be held in Term 3 from 2019. This means the inter-School zonals will start in early July, and the National Round from about the 22nd July 2019. As such the 14&U Age Group programme will be adjusted in 2019 as follows:

1) Zone 14&U Squads

- Selection Trials – 2nd February 2019 from 10.00am at OCBC Hall 3.
- Training twice a week from week of 11 February to 9 March 2019
- Or 1 Inter-zone League match and 1 training per week.

Training Schedule	North (Training)	South (Training)	East (Training)	West (Training)
14 & Under - 11 February to 9 March 2019	Every Monday and Thursday	Every Monday and Wednesday	Every Wednesday and Friday	Every Monday and Thursday
	5.30pm-7.30pm	5pm-7pm	6pm-8pm	5pm-7pm
	Singapore Sports School	OCBC Arena Hall 3	Kallang Netball Centre (Wed) OCBC Arena Hall 3 (Fri)	Kallang Netball Centre (Mon) OCBC Arena Hall 3 (Thurs)

2) National Age Group Squad – to be selected from the 4 zone squads.

- 2 trainings per week from 11th March to 20th March 2019 (TBC) – 1.5 weeks
- A season ending match or short tour by 22nd March 2019. (TBC)

Please note that we will be having **Zone Development Squads** after the Zone matches are completed in **late July**. This will be for players from schools that did not make it to the national round. This to provide development opportunities for players for the following year.

A different form will be issued then.

FULL NAME (as in NRIC or Passport):
Age Group & Zone:
Email:
HP Contact:
Existing Medical Conditions: (please list all)
As a nominated player, it is important that you understand and can commit to the training requirements for the 2019 Zone Age Group Squads and the key events we are preparing for. Actions will be taken if players were to miss training without valid reasons. After reviewing these commitments dates carefully, please complete the following, noting any issues with availability (e.g. exams) during the period advised. If you are unable to commit to the trainings, please inform the selectors as you may deprive someone else of a place in the team.
<input type="checkbox"/> To the best of my knowledge, I am available for all training and competition period noted
<input type="checkbox"/> I have an availability issue with the following dates or fixtures (please give brief reasons). _____
This form must be brought to and submitted at the trials .

Player Signature: _____

Parent/Guardian Signature: _____ Date: _____