



## M1 NETBALL SUPER LEAGUE 2018 COMPETITION REGULATIONS

The **M1 Netball Super League (NSL)** is an annual elite competition organised by Netball Singapore, featuring invited and selected teams.

### TEAMS

The NSL 2018 will consist of 6 teams:

- 1) 5 invited Club Teams – Blaze Dolphins, Fier Orcas, Magic Marlins, Sneakers Stingrays, SRC Barracudas – teams that competed in Division 1 of the National League 2017.
- 2) 1 Selection Team – Mission Mannas

Players from all clubs will be eligible to trial for the Selection Team, including players from the invited clubs who are not part of their final club teams.

Each team can consist of up to:

- 13 Singapore based players with 12 named on each playing day. Clubs may apply to replace an injured player, if 2 of the players in the same playing position are injured and unable to compete for the rest of the competition. Valid medical certificates must be produced. NS has the sole discretion to accept or reject the application.
- Clubs may include **TWO** players in your team who is not a member of your club. Approaches to Opens squad players need to be firstly approved by the National Coach.
- 1 international player from Round 2 (Game 6) onwards.
- A maximum of 5 Opens squad players in a team, except for the Selection team which may need to take in additional opens players, but they will only be allowed to name 5 opens squad players per game. This is to allow 5 club teams to compete.
- Up to 6 officials one of which must be a qualified primary care person, with any 3 officials plus one named coach and one primary care named on each playing day. The appointed coaches will be required to meet with the coach accreditation requirements.

### KEY DATES

- Wednesday 20<sup>th</sup> September 2017 – NSL Teams Meeting at NS at 7.30pm.
- Friday 29<sup>th</sup> September 2017- Teams to submit their entry forms to apply to join the 2018 NSL.
- Wednesday 27<sup>th</sup> September 2017 – Applications for Head Coach, Assistant Coach and Team Manager for the Selection Team to be submitted.
- **Friday 27<sup>th</sup> October** – Club team lists must be finalised by noon, together with the players' signed contracts and the estimated players' apparel sizes form.
- Wednesday 1<sup>st</sup> November – Applications for the selection trial must be submitted.
- Saturday 4<sup>th</sup> November – The selection trials will be held from 2.00pm to 5.00pm.

- Tuesday 7<sup>th</sup> November – Selection team to be finalised together with the players’ signed contracts and complete estimated players’ apparel sizes.
- Tuesday 9<sup>th</sup> January 2018 – Official training for all clubs on Tuesdays and Thursdays at KNC (except 15<sup>th</sup> February, as it is close to Chinese New Year).
- Wednesday 28<sup>th</sup> February – NSL team managers’ meeting (if needed).
- 10<sup>th</sup> March to 12<sup>th</sup> May 2018 – NSL Competition.

#### NSL PLAYING DAYS

Date	Day	Game
10 March 2018	Saturday	1 (Round 1)
24 March	Saturday	2
25 March	Sunday	3
7 April	Saturday	4
14 April	Saturday	5
15 April	Sunday	6 (Round 2)
21 April	Saturday	7
22 April	Sunday	8
28 April	Saturday	9
29 April	Sunday	10
5 May	Saturday	Semi-finals
6 May	Sunday	Prelim finals
12 May	Saturday	Finals

All games will be played at Toa Payoh Sports Hall.

#### NATIONAL AND INTERNATIONAL PLAYERS TRAINING SCHEDULE

- The national team will have national training every Tuesday. They will also have trainings every Saturday until 3<sup>rd</sup> February (for the 4 Nations in HK as below).
- National squad players will have strength and conditioning sessions every Monday, Wednesday and Friday for the duration of the NSL and they will not be available for club trainings on those nights.
- The national opens team will be competing in the 4 Nations in Hong Kong from 6<sup>th</sup> to 12<sup>th</sup> February
- The international players should arrive on 9<sup>th</sup> April. They will join the national opens training every Tuesday from 17<sup>th</sup> April.
- The national and international players will train with the clubs on Thursdays.

## INTERNATIONAL PLAYER COURT TIME

International players' court times will be a minimum of 2 quarters, and a maximum of 3 quarters per game. A quarter must be for the full 15 minutes. ***Should there be games with extra time, there will be no further restrictions on the playing time of the International players. The coach may decide to play them, or not, for any extra time periods.***

## FORMAT

The M1 NSL 2018 will consist of two round robins over 8 weekends followed by the semi-finals, preliminary finals and the finals.

## PRIZE MONEY

Cash prizes will be provided to the top teams as follows:

Champion	S\$ 10,000
2nd	S\$ 7,000
3rd	S\$ 5,000
4th	S\$ 4,000
5th	S\$ 3,000
6th	S\$ 2,000

This money will be paid to the clubs directly, and each club has the discretion of using it for their club funds or to distribute it.

The selection team has the discretion to distribute the cash in line with an agreement in advance of the commencement of the event. This distribution agreement must be lodged by the Team Manager with NS before the event to avoid any future dispute.

Each team will select their Most Valuable Player (MVPs) for their team. The name of the player must be given to the Event Manager before the prize presentation on the final day. All MVPs will receive a cash reward of S\$500 each.

## VENUE

All games of the NSL will be played at Toa Payoh Sports Hall.

## TRAINING VENUE & TIMES

Formal team trainings for the NSL teams should start from Tuesday 9<sup>th</sup> January 2018. Trainings are 2 times a week on Tuesdays and Thursdays except on Public Holidays.

All teams may train at Kallang on Tuesdays and Thursdays. Current Open squad players will only train once a week with their teams on Thursdays from 23<sup>rd</sup> January onwards.

NS will pay for 2 trainings a week at KNC for all teams to the end of the competition. Clubs wanting to train at their own venues will have to meet their own costs.

Clubs must inform the office at least 16 days in advance if they are not going to use their assigned KNC court for training (the minimum Sport Singapore cancellation period), failing which a \$25 deduction will

be made from their prize money for each training cancelled. We hope that all teams will do their best to train on the assigned days.

## **DRAW, POINTS, AND DRAWN GAMES IN FINAL SERIES**

### **1) DRAW & FIXTURES**

Netball Singapore will make the final decision as to the draw and the scheduling of matches.

All teams will play round robin matches for the 2 preliminary rounds.

Based on total points from the preliminary rounds, the teams will advance to the semi-finals, and finals.

### **2) POINTS**

- a. The Official Score sheet is the only true record of a Match.
- b. In the Preliminary rounds, points allocated will be of 3 points for a win, 2 points for a draw and 0 for a loss, except when a team loses a game by 5 points or less, it will be awarded 1 point.
- c. Only matches in the Play off, Semi Finals and Finals will be played until a result is achieved.
- d. TEAMS ON EQUAL POINTS

The following Rules shall apply;

- i. If two, or more than two teams, have the same number of points at the end of the preliminary rounds, then the goal average of the preliminary games will decide the placing (i.e. goals for divided by goals against).
- ii. If the goal average is identical, then goal difference will be applied (i.e. the difference between goals for and goals against).
- iii. In the event of a further tie, the team scoring the most goals will be declared the winner.
- e. DRAWN GAMES IN FINAL SERIES
  - i. There shall be a FOUR MINUTE interval at the end of full time. Substitutions and/or team changes are permitted.
  - ii. Extra time of two (2) halves of seven (7) minutes each way shall be played with an interval of (1) minute at half time. Teams change ends at half time. Substitutions and/or team changes are permitted. The centre pass is taken by the team entitled to the next centre pass.
  - iii. During extra time, normal injury or illness procedures shall apply (refer Rule 9.3.1).
  - iv. In the event of a tie remaining at the end of the extra time, a visual signal shall be used to indicate that play shall continue until one team has a two (2) goal advantage.

## **REGULATIONS OF NETBALL AS THEY APPLY TO THE COMPETITION**

The International Netball Federation Rules 2016, as amended from time to time, will be the official playing rules.

## HALF TIME DURATION

Eight (8) minute half time will be used for all match days.

## TEAM, TEAM OFFICIAL AND PLAYER ELIGIBILITY; REGISTER OF PLAYERS

### 1) TEAM ELIGIBILITY

All teams must maintain a minimum of 12 players and a maximum of 13 players and one international player. For each match a minimum of 9 and maximum of 12 players must be nominated 30 minutes prior to stated match time. A maximum of 5 Open Squad players will be allowed in each team.

### 2) TEAM OFFICIALS

Each club will provide their own officials consisting of Head Coach, Primary Care (where possible), and 3 officials.

For the 2018 NSL, teams will be allowed to register up to 5 officials and 1 primary care person, with any 4 officials and 1 primary care person named before each playing day.

The team primary care must be either a trained medical doctor or physiotherapist. They will identify themselves with an armband which will be provided by Netball Singapore.

The Head Coach should have at least a current Level 2 coaching certification, or obtain dispensation from NS for very experienced coaches. The Asst. Coach should have at least a Level 1 coaching certification.

**Note: Only those team officials registered for that particular game, may directly address players during the intervals and game.**

Netball Singapore will appoint the Coach, Asst. Coach and Team Manager for the Selection Team after an official application and appointment process.

### 3) PLAYER ELIGIBILITY

- a. Current National Opens Squad Members and National 21 & Under Squad Members based in Singapore must play in a NSL Team (unless otherwise approved by Netball Singapore).
- b. A player will not be eligible to be a Team Member until a signed Player Contract has been lodged with Netball Singapore. The insurance coverage for players can only commence when a contract is lodged.
- c. A player cannot be registered in more than one team or play for more than one team.
- d. Replacement Team members will not be allowed once the first game is played unless for season ending injuries to 2 players in the same playing position as above.

## SELECTION TEAM

The selection panel will consist of the Singapore National Coach, the appointed head coach of the selection team and one other selector to be appointed by NS. The appointed assistant coaches may attend as observers.

A register of all players who have signed up for the trials will be provided by NS.

## UNIFORMS, BALLS AND TEAM EQUIPMENT

### 1) TEAM UNIFORM

- a. Team Members, Team Officials and Umpires must wear the NSL attire provided by Netball Singapore in any NSL environment including interviews with the media. This apparel must be worn from the time the players/teams take the court, including for warm up, and or bench, until after they leave the court/bench.
- b. NS retains the right to include any sponsors logos on your own clothing, and this will be done at NS cost.
- c. Team Members, Team Officials and Umpires must not tamper or change team uniforms, if provided by NS, without written approval by Netball Singapore.
- d. Team Members, Team Officials and Umpires must not, in an NSL Environment, wear any clothing or other apparel, which identifies a brand name in conflict with a Competition Sponsor.
- e. Team Members, Team Officials and Umpires must seek Netball Singapore's written approval if they wish to use the clothes supplied by Netball Singapore in any endorsement, advertisement or promotional activity.
- f. Netball Singapore has ultimate control over the look for the Team and Umpire Uniforms, if these are provided by NS.

### 2) SPONSOR IDENTIFICATION ON UNIFORMS

Sponsors identification will be decided by Netball Singapore for clothing provided, and for the major sponsor.

### 3) BALLS

#### a. Match Balls

Molten, the Official Match Balls must be used in all NSL Matches.  
Netball Singapore will supply Official Match Balls throughout the NSL.

#### b. Training Balls

Netball Singapore will supply each Team with eight netballs similar to the Match Balls for training purposes. These are the only balls permitted to be seen courtside at Matches and at training sessions.

c. Promotions

The balls supplied to the teams must be used in any form of promotion, which includes the use of netballs.

4) TEAM EQUIPMENT

Netball Singapore will loan one set of Team Equipment for each Team if so requested. In addition to the eight balls, NS will loan 1 set of training bibs, 10 markers and a ball bag.

Teams will return their set of equipment, and their bodysuits, to Netball Singapore within 2 weeks of the completion of NSL. The prize money will be paid after the return of the equipment and bodysuits.

**MATCH PERSONNEL AND OFF COURT OFFICIALS**

Netball Singapore will ensure that the following 'off court' Match Officials are appointed.

1) STATISTICIAN

Goal Shooting statistics are completed by the Score Bench. Teams must supply their own personnel if they wish to obtain further statistics.

2) BENCH REFEREE

The Bench Referee will be appointed by Netball Singapore.  
The Bench Referee primary duty is to oversee/manage the scorer and the timer and to ensure that all personnel understand and perform their duties and responsibilities.

Any approach to the Score Bench may only be made through the Bench Referee, and ONLY BY THE TEAM MANAGER.

All Team sheets and substitution are to be handed to the Bench Referee who will then pass on to the appropriate personnel.

3) TIMING AND SCORING PANEL

The Timing and Scoring panel will be made up of two scorers and two timers. The Timers and Scorers will be appointed by Netball Singapore.

4) PHYSIOTHERAPIST

A Physiotherapist will be available at the competition venue on match days. They will provide treatment for players prior to the commencement of the match and also treat injuries during the match if teams do not have their own primary care.

## TEAM LISTS

The competing Teams will supply a Team List to Netball Singapore. The team list must be submitted to the bench referee AT LEAST 30 minutes before the commencement of the match.

The 4 team officials and 1 primary care person must be clearly indicated on the team list.

The Team List, identifying the starting seven will remain confidential until the start of the game. During the Match, any changes must be notified to the Bench Referee. An official substitution form must be filled in and handed to the Bench Referee.

## VENUE MANAGEMENT

### 1) PLAYERS BENCH

The First and Second named Team Benches will be indicated on the walls behind the seats.

A maximum of 12 registered players playing each match and 5 registered officials may sit on the bench, and must be in full playing, court or training attire. All players and officials sitting on the bench at any given match must be registered on the list submitted to the bench referee before the match in question.

### 2) UMPIRES CHAIRS

Three chairs will be made available for the Umpires. The Umpires area will be placed on the same side as the score bench.

### 3) SPONSORSHIP SIGNAGE

Sponsorship Signage, including floor decal may be placed around and on the courts at the sole discretion of Netball Singapore.

## EVENT MANAGEMENT

### 1) APPOINTMENT

The Event Manager will be appointed by Netball Singapore.

### 2) FUNCTIONS AND POWERS

- a. The Event Manager will be the reference point for any problems, which arise in respect of the Competition or these Regulations on match day at the event venue.
- b. The Event Manager has the power to remove individuals, officials, and players, as deemed appropriate.
- c. The Event Manager has the power to assign courts and delay/change the start of re-scheduled matches as deemed appropriate.
- d. The Event Manager can default a Team, which has not been excused and is not ready to play when called upon to do so by match umpire.



- e. The Event Manager may prevent a Team playing a Match with an ineligible Player as determined by the regulations on Players Eligibility.
- f. The Event Manager may, at any time, postpone play on account of the condition of the court or surrounds, or if a Team, Player or the other person does not abide by these Regulations.

### 3) APPEALS

There is no appeal against the Event Manager's decision.

## MARKETING AND PROMOTION

### 1) MARKETING AND SPONSORSHIP

The Marketing of the Teams and Competition will be coordinated and integrated by Netball Singapore.

Netball Singapore, Players and Officials must take all steps necessary to ensure that Netball Singapore can meet its obligations to the Competition and Team Sponsors.

### 2) MEDIA AND BROADCAST

Teams will be required to present the coach and one senior player for a post-match interview with TV, radio and general press where required. This process should take less than 10 minutes.

There may be media who are interested to film or photograph some of your trainings and arrange for interviews with your teams post-match. These will be communicated to your team manager.

Photographs of each team will be taken before Game 1 and Game 6, just before the start of the pre-match warm up. All 13 Team players (and the International Player before Game 6) should be in their team dress and shoes. Team officials to be in their official sponsored gear. This should take no more than 3 minutes if the team is ready.

## NETBALL SINGAPORE DISCIPLINARY COMMITTEE

### 1) INTRODUCTION

#### 1.1 APPOINTMENT

There will be a Disciplinary Committee established by Netball Singapore that will comprise such members as the Technical Committee of NS may nominate.

#### 1.2 JURISDICTION

##### a. General Jurisdiction

The Disciplinary Committee has the power to hear and determine all matters arising out of any alleged misconduct.

b. Powers of the Disciplinary Committee

The Disciplinary Committee has the power to take the following action against any person or team if the Disciplinary Committee determines in accordance with the provisions of this section of the Regulations that such person or team committed misconduct:

- i. censure that person or team
- ii. impose a fine on that person or team
- iii. suspend that person or team from participating in the Competition for a specific period;
- iv. disqualify that person or team from being eligible to participate in the Competition for a specific period, for an indefinite period or for life;
- v. suspend that person from exercising any administrative function in relation to the Teams of the Competition for a specific period;
- vi. disqualify that person from being eligible to exercise any administrative function in relation to the Teams of the Competition for a specific period, for an indefinite period or for life; and/or
- vii. deduct Competition Points

c. Deferment of Suspension

Whenever the Disciplinary Committee imposes a suspension, the commencement of such suspension may be deferred at the discretion of the Disciplinary Committee that imposes it.

### 1.3 DISCIPLINARY COMMITTEE MAY ONLY ACT FOLLOWING A NOTICE

- a. Netball Singapore may issue a Notice to any person in respect of alleged misconduct.
- b. Any written complaints from teams or NSL officials regarding alleged misconduct should be submitted to NS within 2 days of the alleged incident.

### 1.4 PROCEDURE

a. Power to Regulate own procedure

The procedure of the Disciplinary Committee in all proceedings will be as the Disciplinary Committee determines in each case, but subject to this power to regulate its own procedure it will:

- i. Generally conform with the procedures set out in this part of these Regulations; and
- ii. Ensure that any person alleged to have committed misconduct is heard as to the allegation of misconduct and as to penalty before a decision is given. Hearings may be conducted in person or by telephone or other teleconference facility.

b. Conduct of Hearing

Unless it otherwise directs, the procedure of the Disciplinary Committee will be as follows:

- i. the Chairperson will explain the procedure to be followed
- ii. the notice pursuant to Rule 1.3 (a) will be read;
- iii. evidence from the person, the subject of the notice, if that person elects to give evidence and from any witnesses
- iv. submission will be heard

c. Notification of Decision

- i. The decision of the Disciplinary Committee will be advised to all parties as soon as practicable after the conclusion of the hearing. Where it considers it appropriate, the Disciplinary Committee may deliver a short oral decision at the conclusion of the hearing. The Disciplinary Committee may, at its own discretion, transcribe its decision with its reasons and communicate the written decision to the parties at a later date.
- ii. As soon as practicable after the decisions of Disciplinary Committee are available, the Disciplinary Committee will notify the person of the decision and the right of appeal available to the person.

1.5 CONTENTS OF NOTICE

The notice pursuant to Rule 1.3 (a) must contain the following information:

- a. the date and place of the alleged misconduct;
- b. the name of the person in respect of whom the complaint is made;
- c. details of the alleged misconduct
- d. The date, time and place of the meeting of the Disciplinary Committee at which the matter will be heard.

2) RIGHT OF APPEAL

There will be a right of appeal to the Appeals Committee to be appointed by Netball Singapore.

3) COSTS

Each player, Official and Team and any other person will be solely responsible for their own costs associated with the Disciplinary Committee.

NS will be responsible for all costs of room hire incurred directly in connection with hearings of the Disciplinary Committee.

4) MEDIA

No member of the Disciplinary Committee may comment to the media on a decision of those bodies but the Chairperson may:

- a. release a copy of its decision to the media when it is available; or
- b. If a full written decision is not immediately available, release to the media a brief resume of that decision.

## APPEALS AND APPEALS COMMITTEE

### 1) INTRODUCTION

There shall be a forum for all Players, Appointees and Officials who have an unusually strong cause to appeal on grounds of denial of natural justice against selection, performance or alleged misconduct.

All such appeals must be submitted to Netball Singapore within fourteen days of receiving written notice of the decision. Netball Singapore may either respond to the appeal or refer it to the Appeals Committee for Arbitration.

#### 1.1 Appointment

The Appeals Committee shall be appointed by Netball Singapore.

#### 1.2 General Jurisdiction

The Appeals Committee has the power to hear and determine appeals from decision of the Disciplinary Committee.

## UMPIRES

- 1) The Umpires and Panel for the Competition will be put forward by Netball Singapore and approved by the Technical Committee of NS.
- 2) The allocation of umpires will be made by the NSL Umpires Appointment Panel.
- 3) All matters pertaining to the rules and conduct during the game will be the direct responsibility of the umpires and the decision of the umpires is final.

## MEDICAL AND INSURANCE

Netball Singapore shall procure insurance coverage for the Players and Umpires to the extent of \$50,000 (for death and permanent disablement) and a total of **S\$3,000 less a \$100 excess for each and every claim**, for medical expenses per injury. This will be the full and total limit of NS' liability for any injuries. Team Officials will not be covered as this is specifically a Sports Injury cover.

Players and Umpires shall be bound by the terms of the aforesaid Insurance Policy and shall not hold Netball Singapore liable in the event of non-recovery under the said Insurance Policy.

**Players are strongly encouraged to obtain their own insurance in addition to the S\$3,000** coverage for medical expenses provided. The hospitalization cost for serious injuries (mainly to knees and ankles) has increased very substantially. NS' insurers are not prepared to provide a higher cover for this (due to the high claims in the past), and this will be the limit of NS' liability.